



OCTOBER NEWSLETTER

www.micomputersolutions.co.uk

Welcome to our newsletter!

In this newsletter, you can learn how to keep yourself safe digitally, how to set S.M.A.R.T. goals, how to refer friends and family, new course start dates and more.

Read below!

Follow us on social media!





Cyber Security Awareness Month

Cyber Security Awareness Month is celebrated annually in October to raise awareness of the importance of protecting personal data.

As our lives and jobs become more tied to the digital world, it is important that we become more serious about cybersecurity and about protecting ourselves online.

Here are 5 things you can do to protect your personal information, your work, and your future career:

1. Create a strong password

Ensure your password is strong, unique and that you have a different password for every account. To create a strong password, you should use a mix of uppercase and lowercase letters, numbers, and symbols, for example: "MyCat!LovesPudd1ng". As you can see, this password is

long, random and hard to guess, which will keep you safer from cyberattacks.

Remembering all your passwords can be difficult, but using a password manager can help you.

If you write down your passwords, make sure only you have access to them and that they are kept in a safe place.

2. Two-Step Verification

Two-Step Verification or "Multi-Factor Authentication" (MFA), is one of the most effective ways to protect your accounts. After you enter your password, the system will ask for a second piece of information, like a code sent to your phone or a fingerprint scan (something that only you have access to).

If you haven't yet, turn on two-step verification on your email, social media and banking apps.

3. Use AI Safely

It's true that AI can be very helpful for drafting emails, summarising texts, or even brainstorming ideas for a project. However, it's also essential to use AI securely.

Don't give any AI tool personal or sensitive information such as your full name, address, passwords, or any confidential details about your work or studies. The information you provide may be used to train the AI model, and you don't have control over how it will be used.

Remember AI should only be used as a tool and not as a person.

4. Beware of Phishing Scams

Phishing is a cybercrime where scammers pretend to be a trustworthy organisation (like a bank, government department, or a well-known company) to trick you into giving them your personal information.

How to spot and avoid a phishing scam:

1. Emails or texts that create a sense of urgency ("Your account will be suspended!"), have poor grammar, or ask you to click on a suspicious link.
2. Check the sender's email address to see if it's real. For example, you may receive a fake email from someone pretending to be

"PayPal", but the email address is something like "paypal-support@some-random-site.com"

3. Don't click links! Instead, go to the company's official website directly.

5. Update Your Software

It is key to update your software as it often includes vital security patches to fix weaknesses that cybercriminals could exploit.

Therefore, this month, make sure you take advantage of all these tips and take a moment to apply these simple steps to protect yourself.

If you are interested in AI, we will dive deeper into this subject in next month's newsletter, so stay tuned.

Your New Career in Childcare Starts Here!

Do you want a rewarding career in one of the UK's most in-demand sectors?

Are you ready to make a real difference in the lives of young children?

If your answer is "Yes", then our **Skills Bootcamp in Childcare** course is a great choice for you. This course is **fully funded** (for eligible learners) and was designed to fast-track you into a fulfilling early years role.



What is a Skills Bootcamp Childcare Course?

The Skills Bootcamp Childcare is a flexible, short and practical training programme (typically up to 16 weeks) developed in partnership with

employers to give you the exact skills the sector needs right now. It's perfect for anyone aged 19+ looking to start or progress into a career in childcare.

What Will You Learn?

Our Skills Bootcamp Childcare course is packed with essential, practical knowledge and skills, including:

- Support speech, language and communication development
- Support children and young people's speech, language and communication skills
- Understand the speech, language and communication needs of children and young people with social, emotional and mental health needs
- Support positive practice with children and young people with speech, language and communication needs
- Wraparound support in Basic Skills (English/Maths and Digital Skills)
- Employability support to prepare you for a work progression in Early Years support

What Will You Gain?

If employed:

- An interview for a new role/more responsibilities within the current organisation, with better pay (earning at least the London Living Wage)
- A mentor assigned by the employer

If unemployed:

- A guaranteed job interview with the possibility of gaining employment (earning the London Living Wage or more)
- A mentor
- Work experience

Eligibility Criteria:

- Adults (aged 19 and above)
- Must have the right to live and work in the UK
- Cannot be doing a full-time education course

Ready to Shape the Future?

If you're passionate, creative, and ready to take the next step towards a rewarding career, the Skills Bootcamp Childcare course is waiting for you.

Hurry! Spaces are filling up fast!

[Apply Here](#)



Setting S.M.A.R.T. Goals

Having a plan in place is a great way to kickstart your journey towards your goals. A plan will tell you exactly where you want to be, but also what you need to get there and how to do it.

You may have heard of S.M.A.R.T. goals before or even in your course, but did you know that they are used by many professionals to turn their dreams into reality?

So how do you set S.M.A.R.T. goals and what do they mean?

SPECIFIC

To be effective, a goal needs to be specific. To help you make it specific, you can think of 4 "W" questions: What, Who, Where, and Which.

- Who is involved in this goal?
- What do I want to accomplish?
- Where is this goal going to be achieved?
- Which resources, tools, or limits are involved?

For example, don't just say "I want a job." or "I want friends." Say, "I want to become a Health and Social Care assistant." or "I want to work well with others in my course." Be clear about what you want to achieve.

MEASURABLE

How will you know if you're succeeding? When you measure your goals, you get evidence that you have accomplished them. You can measure it by using a percentage, time, date or even a weight.

"I will study at home for at least 4 hours a week to increase my Health and Social Care knowledge and skills."

"I will leave the house at 9:30 am to arrive on time for my appointment/course."

ACHIEVABLE

Goals need to be realistic.

Ask yourself: "Do I have the resources and capabilities to achieve the goal? If not, what am I missing?"

Maybe you realise that you need to improve your digital skills as well, so doing an Essential Digital Skills alongside or after your vocational course could be exactly what you need to reach your career goals.

If you feel unsure about what you require, don't worry! At MI, we will provide you with the support and resources to reach your goals with us.

RELEVANT

This is where you need to think about your own "Why?" - why are you setting this goal? Does your goal align with what you want for your future? If you want to help people, a Health and Social Care course is a perfect fit. Or if you see yourself working in a school, a Teaching Assistant or Early Years course may be more relevant to you.

TIME-BOUND

Set up a start and finish date!

For example: "I will enrol in the course this week and complete my Health and Social Care qualification by the end of the year." Or "I will write a text twice a week to be able to write a formal letter in one month." A deadline will keep you focused and motivated.

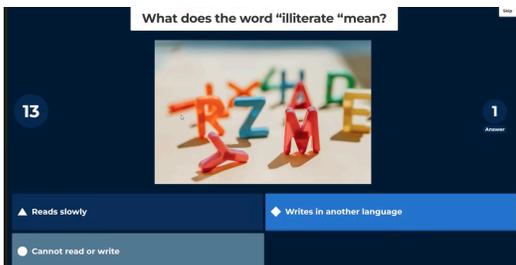
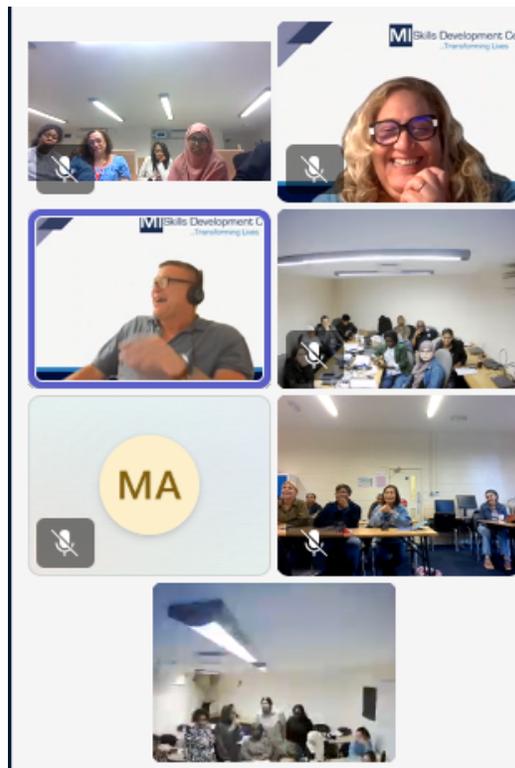
The beauty of S.M.A.R.T. goals is that you can use them for your own personal goals as well as your career goals.

At MI, we give you the tools and support to map out your career journey, step by step. Our employability sessions are designed to help you set and achieve goals that lead directly to a job.

Ready to make your goals a reality?

[Check our Courses](#)

International Literacy Day Quiz



To celebrate International Literacy Day, we held a quiz with four groups of learners from different courses, which included: Haroon's IT class, Ruchi's Maths class and James's and Sonya's ESOL classes.

All the learners and tutors were enthusiastic and were very competitive.

Using the online platform Kahoot, the quiz was shared virtually to all four classes. Each group chose a leader, who would enter the group's answers on the Kahoot application.

The quiz was comprised of 10 questions, that covered a variety of literacy questions, such as "What does the word 'illiterate' mean?", "Around how many adults worldwide cannot read or write?", "Which sentence uses the word 'present' as a verb?" and "Which organisation established International Literacy Day?"

At the end, the big winner was Haroon's IT class, who got to share a box of chocolates, but all learners who entered the quiz were rewarded with a chocolate.

Refer a Friend

And get a £30 bonus



If you have a friend that would benefit from doing a course with us, you can easily refer them using the form below.

As a reward you will get a £30 voucher when they successfully complete a course with us.

[Referral Form](#)

Upcoming Courses

Interested in doing a course with us?

Check the list of our upcoming courses and their start dates, and register below:

English



[Functional Skills English E3](#)

Start Date: 08/10/25

Green [ESOL](#)

Start Date: 16/10/25

[Functional Skills English L1](#)

Start Date: 05/11/25

Welcome to English

Start Date: 24/11/25

[Functional Skills English](#)

Start Date: 26/11/2025

Green Skills for [ESOL](#)

Start Date: 04/12/25

[Welcome to English \(ESOL\)](#)

Start Date: 08/12/25

Maths

[Functional Skills Maths L1](#)

Start Date: 01/10/25

[Functional Skills Maths E3](#)

Start Date: 07/10/25

[Functional Skills Maths L1/L2](#)

Start Date: 03/11/2025

Financial Literacy

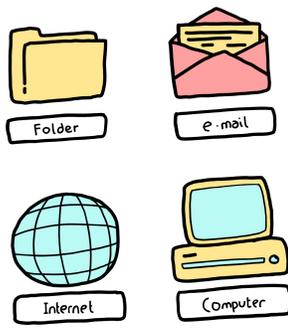
Start Date: 13/11/25

[Functional Skills Maths L2](#)

Start Date: 26/11/25



I.C.T.



Certificate in ICT Systems and Principles at L3

Start Date: 06/10/2025

[Business IT for Office L1](#)

Start Date: 13/10/25

Course: [Digital Skills](#) & AI E3

Start Date: 03/11/2025

Get Connected

Start Date: 09/12/25

Enrol Now!

October Diversity & Inclusion Calendar

<p>Black History Month - Black History Month is a time when we highlight and celebrate the achievements of the Black community and uncover hidden history about our communities. The theme for Black History Month UK 2025 is "Standing Firm in Power and Pride," a powerful tribute to the resilience, strength, and unwavering commitment to progress that defines the Black community across the globe.</p> <p>B!M2025 DIG DEEPER, LOOK CLOSER, THINK BIGGER</p> <p>https://www.blackhistorymonth.org.uk https://www.bbc.co.uk/teach/articles/zjwf8xs</p>	
<p>Dyslexia Awareness Week from 6-12 October - Dyslexia Awareness Week is an annual event run by the British Dyslexia Association to raise awareness and further understanding of dyslexia. The theme for the week will be Dyslexia: Raising the Volume. Dyslexia Awareness Week takes place in early October to coincide with World Dyslexia Awareness Day on 8 October. https://www.bdadyslexia.org.uk/about</p> <p> https://www.bbc.co.uk/teach/articles/zkw7qfr</p>	
<p>Get Online Week 2025 from October 20-26th</p> <p>Get Online Week is Good Things Foundation's annual digital inclusion campaign. It's been held every year since 2007 and is back for 2025 from October 20-26th</p> <p>https://www.goodthingsfoundation.org/discover/get-online-week</p>	
<p>World Mental Health Day – 10th October - This World Mental Health Day, tackle stigma and discrimination in your school, business or community with one of our inspirational mental health speakers. In our ultimate guide, discover the best speakers for World Mental Health Day, when to plan your mental health-related event and the theme for 2025.</p> <p>https://mentalhealthspeakers.co.uk/news/guide-to-world-mental-health-day</p>	
<p>World Homeless Day - On October 10, people around the world will celebrate World Homeless Day, while working to prevent and end homelessness and alleviate the suffering of those experiencing it.</p> <p> www.worldhomelessday.org/</p>	

MI Skills Development Centre

The Queen
47a Bellefields Road
London
SW9 9UH

0207 501 6450



You received this email because you studied a course with us, signed up to our newsletter or are one of our partners.

[Unsubscribe](#)

