



# MAY NEWSLETTER

[www.micomputersolutions.co.uk](http://www.micomputersolutions.co.uk)

## Welcome to May and our newsletter!

In this newsletter, we give you suggestions of places to visit in London, highlight one of our learners, prepare you to communicate better with Deaf and hard-of-hearing individuals and much more!

**Follow us on social media!**





## Deaf Awareness Week

### Enhancing communication with the Deaf and hard-of-hearing community to promote inclusion

Deaf Awareness Week (May 5, 2025 - May 11, 2025) is an annual event that celebrates the rich diversity of the Deaf community. This year's theme is "Beyond Silence", which highlights the importance of inclusion, equal communication access and opportunities for all.

So here are a few tips on how we can all support inclusion and communicate better:

- Before speaking, ensure that you have the person's attention
- Ask them how they prefer to communicate. Some individuals may prefer written text, whilst others may prefer reading lips.
- If they prefer lip-reading, make sure you don't cover your mouth and that you face them, so they can see your lip movements.
- Speak clearly and at a normal volume
- Please be aware that certain noises, such as air conditioning units, background music and communal areas, can cause

- distractions and be uncomfortable for those using hearing aids
- Ensure there's good lighting, as it is needed for those who lip-read or use British Sign Language (BSL)
  - Video subtitles or even sign language at events is also a great to be more inclusive.
  - At work, providing a vibrating fire-alarm pager to staff that is Deaf or with hearing loss will ensure they will also be safe and protected in case of such an event.

The most important thing to remember is that deafness and hard-of-hearing are not obstacles to achievement or participation in society.

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## Learner Highlight - Karin Varia



This month, we are highlighting Karin Vartia, an incredible and motivated learner who did the Early Years Skills Bootcamp course with our Tutor Evelyn Idio.

Here is what Karin had to say

*"Attending the Skills Bootcamp programme significantly enhanced my leadership skills. It gave me the skills and confidence to make informed decisions, delegate tasks effectively, and support my team in their roles."*

*It helped me develop clear communication strategies, ensuring that staff felt valued and motivated to become a better leader in general.*

*Additionally, it provided me with tools to handle conflicts professionally, foster a positive team culture and lead by example. This will help to create a safe, happy, nurturing environment for the children to thrive and for the staff to work in.*

*I would recommend the Skills Bootcamp programme at MI ComputSolutions to anyone that wants to improve their skills or just in general as well. It was really helpful."*

Thank you Karin for the kind words and we wish all the success in your career journey.

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# Visit Our Linktree

Now you can access all our links in one place with our Linktree.

So whether you are looking to enrol on our courses, want to refer someone, follow us on social media or even register for events, you can simply visit our Linktree page.

[Visit Here](#)



## 6 Places To Visit In London

Discounted tickets for low-income individuals and families

Are you looking for affordable places and events to visit by yourself or as a family?

We have 6 suggestions for you and all of them include discounted prices (some even free) for those on the receipt of Universal Credit or other benefits.

## 1. London Zoo

**Adult cost:** £7 adult (age 16+; £6 without donation).

**Child cost:** £4 child (ages 3-15; £3 without donation).

*Usual cost: £27-33 per adult*

**Eligibility:** Universal Credit, Working Tax Credit, Child Tax Credit, Employment and Support Allowance, Income Support or Jobseeker's Allowance.

**Location:** London Zoo, Outer Circle, London NW1 4RY

**Find Out More**

**How to claim:** Must be booked in advance, available for 11 am or 1 pm. For up to six people per household. Under 3s go free and do not need to book.

Bring proof of having a received a Universal Credit payment within the last month and photographic ID.

**Note:** Universal Credit Tickets are limited each day, additional tickets may be released for sold-out dates closer to the day. Only full-price tickets are available to buy at the gate.

### **Other money-saving offers:**

- Free entry for under 3s;
- National Rail 241 offer;
- 10% off for CSSC members; and
- Free child entry for each full paying adult for Blue Peter Badge holders.

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## 2. Battersea Arts Centre

**Cost:** Pay what you Can (from £8). Please contact the Box Office if you feel you need to pay under the minimum price.

*Usual cost: from £9.50*

**How to claim:** Anyone can choose a price that works for them from £8 on Pay What You Can performances.

**Note:** If anyone feels they need to pay under the minimum price they can contact the Box Office

**Eligibility:** Anyone who feels they need it.

**Location:**

Battersea Arts Centre, Lavender Hill, London SW11 5TN

on [boxoffice@bac.org.uk](mailto:boxoffice@bac.org.uk) or call 020 7223 2223 to get a cheaper ticket.

[Find Out More](#)

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### 3. The Aquarium And Butterfly House At Horniman Museum And Gardens

**Cost:** £1 entry to paid exhibitions

*Usual cost: from £6-9.75 adult and £3-6.50 child*

**Eligibility:** Universal Credit; Employment and Support Allowance; Income Support; Jobseeker's Allowance; or Personal Independence Payment.

**Location:**

Horniman Museum and Gardens, 100 London Rd, London SE23 3PQ

**How to claim:** Visitors can purchase up to four £1 tickets per attraction. You must have received a payment within the last month and you may be asked to show photographic ID.

**Note:** A limited number of Universal Credit tickets are available to purchase online or each day in person at the museum.

**Other money-saving offers:**

- Free Under 3s;
- Free exhibitions and Aquarium entry for National Art Pass holders; and
- Free entry to the Aquarium for National Lottery Heritage Fund Open Week, usually March each year.

[Find Out More](#)

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### 4. V&A SOUTH KENSINGTON

**Cost:** FREE ENTRY TO ALL

**How to claim:** Book online (recommended) or purchase on site.

**Other money-saving offers:**

*Usual cost: £16-£20*

**Eligibility:** Universal Credit.

**Location:**

V&A South Kensington, Cromwell Rd, London SW7 2RL

**Find out more:** Head to V&A Museum exhibition individual booking pages to book – there's no additional information about the offer on their website.

- Free for under 12s; and
- Half price with National Art Pass.

**V&A Website**

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## 5. Pirates Exhibition at National Maritime Museum

**Cost:** £2

*Usual cost: £15 adult, £11.25 student and £7.50 child*

**Eligibility:** Universal Credit, Working Tax Credit, Pension Credit, Child Tax Credit, Employment and Support Allowance, Income Support or Jobseeker's Allowance.

**Location:**

National Maritime Museum, Romney Rd, London SE10 9NF

**How to claim:** Up to six people per household. One person per household needs to show supporting documentation. Book online only. Bring proof of eligibility and ID along to your visit, which should be recent and up to date.

**Other money-saving offers:**

- Free entry for Under 4s;
- Free entry for Blue Light Card holders; and
- Discounts for National Art Pass holders and Museums Association.

**Find Out More**

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## 6. Tower of London

**How to claim:** You can claim £1 tickets for up to six people per

**Cost:** £1

*Usual cost: £24.80 adult, and  
£17.40 child*

**Eligibility:** Universal Credit, Working Tax Credit, Child Tax Credit, Pension Credit, Employment and Support Allowance, Income Support and Jobseeker's Allowance.

**Location:**

Tower of London, London EC3N 4AB

[Find Out More](#)

household. Only one person per household needs to show supporting documents. Tickets must be booked online in advance. Reserve and pay for up to six tickets online, and collect from the Ticket Office with proof of eligibility and ID.

You also get 50% off your food in some on site cafes with your £1 ticket. For each adult meal purchased, children under 12 can eat for free from the Children's menu.

**Other money-saving offers:**

- £1 entry for Tower Hamlets residents;
- National Rail 241 offer.

Enjoy and have fun!

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## Start Dates For Courses

Do you want to do a Maths, English or IT course?

Check the start dates for May, June and July and register below:

### English

- **Course:** English with Confidence Entry Level  
**Start date:** 01/05/2025
- **Course:** Welcome to English Entry Level  
**Start Date:** 14/05/2025
- **Course:** Functional Skills English Entry Level  
**Start date:** 22/05/2025

- **Course:** ESOL Reading Entry Level  
**Start Date:** 04/06/2025
- **Course:** Welcome to English Entry Level  
**Start Date:** 07/07/2025

## **Maths**

- **Course:** Maths Level 1  
**Start Date:** 22/05/25
- **Course:** Financial Literacy  
**Start Date:** 22/05/25
- **Course:** Intro to Numbers Entry 2/Entry 3  
**Start Date:** 09/06/2025
- **Course:** Intro to Numbers Entry 2/Entry 3  
**Start date:** 02/07/2025

## **ICT**

- **Course:** Essential Digital Skills Entry Level 3  
**Start Date:** 07/05/2025
- **Course:** Get Connected Entry Level 3  
**Start Date:** 11/06/2025
- **Course:** Essential Digital Skills Entry Level 3  
**Start Date:** 02/07/2025

**Enrol Now!**

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**Photos & Testimonials From Our  
Open Day**



On the 24th of April, we had an Open Day where visitors could learn about our courses, meet our staff, speak with tutors, ask questions and even talk with previous learners.

Below are some of the testimonials from the day.

*"I was grateful for the opportunity to speak to visitors at the Open Day and share my experience as a former student at MI. It felt rewarding to give back by encouraging*

*"I was kindly invited by the outreach team to attend MI's Open Day and share some career advice with attendees. It was a fantastic opportunity to engage*

*"Our recent Open Day at MI was a wonderful success, filled with energy, enthusiasm, and meaningful interactions. It was fantastic to see so many visitors excited*

others who are now considering their own learning journey.

Sharing how the courses helped build my skills and confidence reminded me how far I've come. It was inspiring to see how interested people were, asking thoughtful questions and genuinely excited about what MI has to offer."

-- **Everton (Previous Learner)**

learners, hear about their long-term goals, and witness their genuine enthusiasm to begin their personal and professional development journey.

The atmosphere was welcoming and full of positive energy, with lots of meaningful conversations and a real commitment to learning and growth. It was inspiring to be part of such an impactful event."

-- **Dominque (National Career Services)**

to learn more about our wide range of courses. From asking thoughtful questions, exploring opportunities for personal and professional development. Overall, it was a productive day."

-- **Sonya (Functional Skills English Tutor)**

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## **May Diversity & Inclusion Calendar**

# Diversity & Inclusion Calendar

May 2025

MI Skills Development Centre ▶▶  
...Transforming Lives



## National Walking Month

May is living streets' national walking month!

Walking is one of the easiest ways to improve our health and stay connected to our community, helping us feel less lonely and isolated.

<https://www.livingstreets.org.uk/get-involved/national-walking-month/>



## Mental Health Awareness Week 12 - 18 May 2025



The theme for 2025 is 'Community', and we want to use Mental Health Awareness Week to celebrate the power and importance of community. Being part of a safe, positive community is vital for our mental health and wellbeing. We thrive when we have strong connections with other people and supportive communities that remind us, we are not alone. Communities can provide a sense of belonging, safety, support in hard times, and give us a sense purpose.

<https://www.mentalhealth.org.uk/>



## National Numeracy Day Wednesday 21 May

The theme for National Numeracy Day 2025 is money - Money and finances affect us all and with so many everyday tasks such as paying bills, calculating household expenditure and checking a bank account all requiring an understanding of numeracy, dealing with the figures can feel overwhelming at times.

Whether you feel comfortable with monthly incomings and outgoings or would rather avoid confronting the numbers on payslips and bills, this National Numeracy Day there'll be plenty of tips and advice aimed at helping people to understand numbers better, a vital skill when it comes to managing money.

<https://www.nationalnumeracy.org.uk/news/save-date-national-numeracy-day-2025>



## National Women's Health Week 11-17 May 2025



Stay active. Eat healthy. And get some sleep! Most important? Start today. The federal government's Office on Women's Health created National Women's Health Week as a way to encourage all women to make the choices which are right for them.

Women have unique health issues such as pregnancy and menopause. And some of the health issues that affect both men and women can touch women differently. Examples include osteoarthritis and urinary tract problems — both of which tend to affect women more.

<https://nationaltoday.com/national-womens-health-week/>



## MI Skills Development Centre

The Queen,  
47a Bellefields Road  
London  
SW9 9UH

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